



Welcome to Breckenridge!

Come restore, relax & rejuvenate in our tranquil massage studio right on Main Street.

We provide you with the most affordable treatments in the high country without sacrificing quality. All of our treatments are *full* 30, 60 & 90 minutes, so you get every single blissful minute!



Outcalls

Massages At Your Place

Don't go anywhere. Hire a therapist to come to you. Great for one or multiple massages. Please call to check availability. 1 hour minimum.

30 min/ 50.00 60 min/ 95.00 90 min/143.00

Specials

Seasonal Specials

We often run specials during the high season and off season. Please check our website, www.solimpressions.com, or call 970-453-2085 to find out the latest!

Suggestions

We are a professional massage therapy studio which hires only state licensed & certified therapists. Please be sure to communicate with your therapist so that you can get the most out of your treatment. Please note that it is the responsibility of the client to request a specific therapist if needed, otherwise the receptionist books therapists according to their availability. We value all of our therapists regardless of age, gender or race.

Arrive 10-15 minutes prior to your appointment time to use the restroom and fill out an intake form.

Please note that we have a 24-hour full charge cancellation policy as a courtesy to our staff.

Directions

We are located on the second floor of the Georgian Square complex (same building as Eric's Downstairs) on Main Street, just south of Ski Hill Road. The studio can be accessed from 2 entrances. Elevator access is available at the entrance across from the Columbine Cafe. Otherwise, please use our Main St. entrance which lies between Modis and Mountain Style Souvenir shop. We are also near Billabong, Peakaboo Toys, Motherloaded Tavern & Goods.

Parking: There is 3 hour parking right behind our building in the Ice House Lot, just off of Ski Hill Rd.

Massage * Massage * Massage

SOL IMPRESSIONS
MASSAGE STUDIO

www.solimpressions.com

Call or Book Online!

970-453-2085



High Altitude Relief Massage
Swedish * Deep Tissue * Hot Stone
Couples * Sports * Facials * Yoga
Foot Scrubs * And More!

111 S. Main St. Unit C12
Breckenridge, CO
info@solimpressions.com

Mountain Bliss

High Altitude Relief Massage

Aromatherapy, steam & a full body massage, what a blissful treatment at 9,600 feet! You receive a Swedish or Deep Tissue Massage which is complimented by a facial steam and a unique blend of essential oils to alleviate high altitude symptoms.

Swedish: 1 hour/75.00 90 min/110.00
Sports or Deep Tissue: 1 hour/85.00 90min/125.00

Arnica Massage

When your mountain adventures are done and you are sore and tired, this is the best treatment for fast recovery. This therapy uses arnica to provide immediate relief to sore muscles. It includes your choice of Swedish, Deep Tissue or Sports Massage, enhanced with hot packs. The ultimate way to compliment your day!

Swedish: 1 hour/75.00 90 min/110.00
Sports or Deep Tissue: 1 hour/85.00 90min/125.00

Exclusive Massages

Tibetan Massage

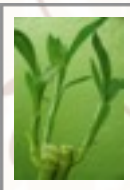
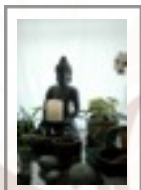
Tibetan massage is one of the oldest forms of massage therapy on earth and is known for healing on physical and spiritual levels. It uses sweeping strokes while also incorporating energy work, pressure points & stretching. The treatment is finished with the sound of Tibetan singing bowls. It is practiced on a massage table with gentle or deep pressure, depending on your preference.

1 hour/80.00 90 min/120.00

Thai Yoga Massage

An ancient healing art also known as "lazy yoga" because it is like doing yoga without any work. The therapist moves your body into a series of Thai yoga stretches while integrating kneading, compression and acupressure along energy lines. It will improve your body's mobility and flexibility. Thai Yoga massage is performed on a floor mat, fully clothed and without the use of oils or creams, so please wear warm, comfortable clothing.

1 hour/80.00 90 min/120.00 120 min/ 160.00



Classic Massages

Simple Swedish Massage

This wonderfully relaxing massage technique uses lighter pressure and smooth sweeping strokes to increase circulation, relieve tension, restore energy and create a sense of well being. This massage is perfect for those who don't enjoy deep pressure or are new to massage.

30 min/35.00 1 hour/65.00 90 min/95.00

Deep Tissue Massage

Deep tissue massage is ideal for people who do enjoy deep pressure! This massage will locate and relieve tension, chronic problem areas and rebalance your energy flow. It is an invigorating massage with lasting therapeutic effects.

30 min/40.00 1 hour/75.00 90 min/110.00

Sports Massage

This type of therapy is ideal for people who live life on the go. It uses moderate to deep pressure and will enhance movement, flexibility and optimize muscle functioning. It includes muscle flushing, pressure, friction and stretching.

30 min/40.00 1 hour/75.00 90 min/110.00

Specialty Massages

Hot Stone Massage

This pampering massage uses heated stones to provide a luxurious, gliding sensation of warmth that penetrates deeply into your tissues. The therapist works with stones and hands to help relieve tense, sore muscles and restore well being to your body and mind.

1 hr/90.00 90 min/130.00

Mother to Be - Prenatal

Now is the time to let someone else take care of you! Allow a therapist trained in prenatal massage aid in relieving the aches and pains that your body can feel from carrying a new life. Available to mothers who are 12 weeks and beyond.

30 min/ 35.00 1 hour/65.00 90 min/95.00



Treatments

Facials

Rejuvenate with a simple 30 minute five step European facial that uses all natural products. As your mask sets, indulge with a head, neck and shoulder massage. 30 min/ 55.00

Feet Treat

Love your feet. Give them a treat. It is a great way to detox and unwind. Enjoy a foot scrub, reflexology, peppermint foot & leg massage. 30 min/ 55.00

Treatment & Massage Combo

30, 60 or 90 minute massage of choice with 30 minute facial or foot treatment. Cost is price of massage + 50.00



Something Special

Couples Massage

The perfect romantic choice for a couples getaway. Choose the type of massage you'd like as individuals, but relax together in our beautiful couples room.

Subtract 10.00 off price of 2 massages.*

*No other coupons or offers apply. No double discounts.

Private & Group Yoga Classes

A personalized session just for you & yours or join a group class. Available starting October 2011.

Private: 1 hour/50.00 (\$5 extra for each additional person)

Group Lesson: 12.00

Additions

Aromatherapy

Choose an essential oil to compliment your treatment & enhance the therapeutic benefits of your massage.

Add 5.00 to any massage

Mix it Up

Have a special request? Well, don't be afraid to mix it up. Add a few hot stones, do a swedish/ deep tissue mix, add in extra stretching, add a high altitude treatment to a Tibetan Massage. The sky is the limit!

Add 5.00 or 10.00 extra depending. Please ask.

